

# SMOOTH EXPRESS TREATMENT

## Step by Step Instructions

### 1 / CLEANSE

#### As a Stand Alone Treatment:

Shampoo the hair with **Keratin Republic Clarifying Shampoo** 2-3 times, making sure the hair is clean and free from oil and all product residue. **Rinse well. Towel Dry the hair to remove excess water.**

#### After Color or Hi-lights:

Cleanse or Rinse the hair depending on the recommended instructions by your hair color product company. Make sure that all hair color or lightener has been removed. Towel Dry the hair to remove excess water.

### 2 / PREP

Section the hair into **3-4 large parts**. Shake the bottle of **Smooth Express Keratin Treatment** very well.

### 3 / APPLICATION

Take smaller sections of hair and spray the keratin treatment once near the **root**, once in the **midshaft** and once on the **ends**. Do not spray directly on the scalp. It's best to spray 1/2" to 3/4" from the scalp. If the hair is long, you may need to spray 2-3 times in the midshaft area to ensure there is enough keratin treatment coverage.

**Comb the section with a fine-tooth comb** to distribute evenly and to remove any remove excess keratin treatment. When combing, make sure to comb root area and continue through to the ends. Continue this process until the **Smooth Express Treatment** has been applied to all sections of the hair.

**DO NOT** over saturate the hair as this will create unwanted smoke during Step 5 and 6.

**DO NOT** rinse the hair.

**NOTE:** The stylist must wear gloves during the application process.

### 4 / PROCESSING (OPTIONAL)

Cover the hair with a plastic cap. Process for 10-15 minutes under a medium heat hood dryer. Remove plastic cap when processing time is finished.

### 5 / BLOW DRY:

Using the **MEDIUM** heat setting, blow dry the hair straight and smooth with a thermal or boar bristle brush until completely dry.

**DO NOT** touch the dryer nozzle on the hair while blow drying as this will create smoke.

### 6 / FLAT IRON

Section the hair into **3 large parts**. Now take smaller sections of hair (1/2" to 3/4" sections) and iron each section slowly until **smooth and shiny**.

Use consistent pressure while ironing the section and ease the tension while ironing the ends of hair.

Flat ironing is the **most important step** of the process as it seals the treatment into the hair. If not done properly, your client will not achieve the best longevity and end result.

The temperature of the iron and the total passes of the iron per section varies depending on the condition and resistance of the hair. Recommended iron temperature is between **400F-450F** on normal to resistant hair types.

If the hair texture is fine, reduce the iron temperature to **380F**

### 7 / CONSULTATION

Advise the client not to shampoo or wet the hair for **48 hours**. No clips, pins or pony tails during the wait time as this can cause marking or crease lines in the hair.

#### **Recommended passes per section is 5-7**

If conducting the **Smooth Express Keratin Treatment** on hair that has a previous chemical or color service, be sure to evaluate the integrity and health of the hair when determining the iron temperature and number of iron passes. The recommended passes per section is only a guideline. Use your best judgement and determine the ideal process for each client.

**NOTE:** If your client has hair that has been compromised or is fragile, **DO NOT** conduct the keratin smoothing service.